

# Breakfast Menu

## Express Breakfast

Continental 8.25  
Choice of juice, Danish and your choice of coffee, tea or milk

Fast Fare 7.25  
Scrambled eggs with diced ham, served with hash browns and whole grain toast

## THE HEALTHY START

FRESH SEASONAL MELON 3.25 FRESH SEASONAL BERRIES 3.95

ONE HALF GRAPEFRUIT 2.25 ASSORTED FRUIT YOGURT 2.75

FRESH SEASONAL FRUIT PLATE 6.25

With Yogurt 6.75

GRANOLA 3.50

With Fresh Seasonal Fruit 4.50

EGG BEATER FRITTATA 7.50

With mushrooms, tomatoes, green onions, and low fat Swiss cheese.  
served with fresh fruit and whole grain toast.

OLD-FASHIONED OATMEAL 4.25

Served with raisins and brown sugar.

GRAVLAX AND BAGELS 6.95

House cured Salmon, capers, onions and cream cheese

## HEARTY COUNTRY-STYLE BREAKFASTS

BISCUITS & GRAVY 7.25

Served with two eggs any-style and your choice of  
breakfast meat.

CORNED BEEF HASH & EGGS 7.50

Served with hash browns and whole grain toast.

CROISSANT SANDWICH 7.50

Croissant filled with scrambled eggs, diced ham  
and cheddar cheese. Served with fresh fruit.

**EGGS BENEDICT** **8.95**  
 Grilled Canadian style bacon with poached eggs  
 on a English muffin topped with Hollandaise sauce  
 served with fresh fruit.

The following are served with hash browns, toast & preserves

**ONE EGG ANY STYLE PLATTER OR** **6.50**  
**TWO EGGS ANY STYLE PLATTER** **7.50**  
 With your choice of bacon or sausage

**HAM STEAK AND EGGS** **7.75**  
**ONE EGG ANY STYLE** **4.50** **Two Eggs any style** **5.50**

## OMELETTES and OMELLETTES

Served with hash browns, whole grain toast and preserves.

Ham & Cheddar Cheese Omelette 7.50      Denver Omelette 7.75  
 Spanish Omelette 7.75      Pacific Garden Omelette 8.25  
 Avocado, tomato, onion,  
 Spinach, jack cheese

## FROM THE GRIDDLE & IRON

**BUTTER MILK PANCAKES (3)** **5.50**  
**HIGH-FIBER GINGER PANCAKES (3)** **5.50**  
**BERRY PANCAKES (3)** **6.50**  
**CINNAMON FRENCH TOAST** **5.50**  
**BELGIAN WAFFLE** **5.50**  
 With Seasonal Berries **6.50**

## FROM THE BAKERY

**CINNAMON ROLL** **3.25** **DANISH** **2.75**  
**ENGLISH MUFFIN** **2.25** **CROISSANT** **2.75**  
**WHOLE GRAIN TOAST** **1.75** **BREAKFAST MUFFIN** **2.75**  
**TOASTED BAGEL & CREAM CHEESE** **3.25**

## ON THE SIDE

|                                   |             |                           |             |
|-----------------------------------|-------------|---------------------------|-------------|
| <b>BACON OR SAUSAGE</b>           | <b>3.25</b> | <b>CORNEED BEEF HASH</b>  | <b>3.75</b> |
| <b>COTTAGE CHEESE &amp; FRUIT</b> | <b>3.25</b> | <b>HASH BROWNS</b>        | <b>2.25</b> |
| <b>ONE EGG ANY STYLE</b>          | <b>2.50</b> | <b>TWO EGGS ANY STYLE</b> | <b>3.50</b> |
| <b>BISCUIT &amp; GRAVY</b>        | <b>3.50</b> | <b>HAM STEAK</b>          | <b>3.25</b> |
| <b>ASSORTED CEREAL</b>            |             |                           | <b>3.50</b> |
| With Bananas or Berries           |             |                           | <b>4.50</b> |

## Coffees

|   |      |              |      |
|---|------|--------------|------|
| Our own Special Blend   | 1.95 | Cappuccino   | 2.75 |
| Caffe' Mocha  | 3.00 | Caffe" Latte | 2.75 |
| Vanilla, Chocolate, Macadamia nut, Carmel, Hazelnut, Irish Cream<br>Flavorings just .25 doubles only plus .50 |      |              |      |

## Beverages

|                                  |      |                 |      |
|----------------------------------|------|-----------------|------|
| California Squeezed Orange Juice | 3.25 | large           | 3.50 |
| Assorted Fruit Juices            | 2.75 | Large           | 3.00 |
| San Pelligrino Sparkling Water   |      |                 | 2.50 |
| Arrowhead Water                  |      |                 | 1.75 |
| Hot Chocolate                    |      |                 | 1.95 |
| Milk or non-fat Milk             | 1.95 | Hot or Iced Tea | 1.95 |